

Be Well Coalition October 11, 2024  
Meeting Notes

Attendees: Lisa Gennings, Wendy DePina, Patty Cox, Betty Breen, Carol Stutzman, Katie Allen, Phil Dinsmoor, Tina Wood, Jasmyne Bryant, Courtney Reynolds, Clay Wood, Ray Burger, Dr. Becky Tinsley, Gabby McGuire, Chandra Ortiz, Alana Greiner

| Topic                                   | Who                           | Actions / Decisions / Notes   |
|---|-------------------------------|---|
| I. <u>Welcome &amp; Introductions</u>   | Katie                         | Everyone introduced themselves and their affiliations. Welcome back to the coalition, Dr. Tinsley. She provided a brief update on her new business, the <a href="#">Hope &amp; Wellness Connection</a> . Welcome to new partners, the <a href="#">Kinship Connections of Wyoming</a> , an information, referral, and advocacy program for kinship caregivers in Wyoming.  |
| II. <u>211/Kinship Program Overview</u> | Gabby McGuire & Chandra Ortiz | Gabby & Chandra met with Katie earlier in the week and are happy to join in the coalition to help with local needs through the Kinship Connections of Wyoming program. It is a free service to grandparents, relatives & other caregivers raising children that aren't their own. As Navigators, they help to provide services and support for the caregivers in order to meet the needs of the children in their care. This program is operated by a partnership between Wyoming 211 and funded through the Wyoming Department of Family Services using Promoting Safe and Stable Families, Title IV-B Funding.  |
| III. <u>Prevention Summit Summary</u>   | Tina, Katie, Patty, Wendy     | <ul style="list-style-type: none"> <li>• The two-day summit was again a success with an excellent showing from Crook County. <b>A special thank you</b> to Tina, Wendy &amp; Patty for serving on the planning committee this year as well as their extra help at the Summit with setup, registration, and other tasks as needed!</li> <li>• We got nearly 50% feedback on the post-surveys. The speakers were well received other than our Kratom speaker – most were more confused after his presentation. Katie will work with Ashley to get some information for our coalitions that hopefully will provide more clarification.</li> <li>• We decided not to hold a Summit in 2025. Instead, we will partner again with Campbell County to bring back Dr. Steve Nicholas for a day-long training, specific topics TBD.</li> </ul> |
| IV. <u>Community Outreach</u>           | Katie & Wendy                 | <ul style="list-style-type: none"> <li>• Staff has been attending city councils, chamber of commerce and school board meetings. There are many upcoming events and we will be looking at getting our event committee set up in order to take the lead.</li> </ul>   |
| V. <u>Suicide Prevention Committee</u>  |                               | <ul style="list-style-type: none"> <li>• Survivors of Suicide Loss – Committee start</li> <li>• Katie has started talking with the librarians about building areas with books focused on mental health and suicide prevention that the coalition will pay for. Training</li> </ul>  |
| VI. <u>Drug-Free Communities</u>        |                               | <ul style="list-style-type: none"> <li>• Wendy provided an update on her activities with the schools with the implementation of Botvin Lifeskills for the 3<sup>rd</sup> year. Additionally, she is partnering up with Deputy Skeens to support the Sheriff's Office in their implementation of DARE.</li> </ul>  |

The next coalition meeting will be Friday, November 8<sup>th</sup> at Noon.