

## **Be Well Coalition**

### **MEETING NOTES – February 10, 2023**

#### **Noon - Sundance - Public Health**

**Coalition members present:** Katie Allen; Kayleigh Gould; Patty Cox; Betty Breen; Johnnie Ronco; Melissa Jones; Courtney Reynolds; Cheryl Wales; Phil Dinsmoor; Sandy Stevens; Travis Sylvester.

#### **Prevention 101 Training: Risk and Protective Factors**

Risk factors are certain biological, psychological, family, community, or cultural characteristics that precede and are associated with a higher likelihood of behavioral health problems. The group discussed some ideas on various risk and protective factors at the individual, family, and community level. Katie shared an example that community risk factors could include neighborhood poverty and violence. Cheryl provided the answer of a protective factor being after-school activities. Katie shared a short video about upstream prevention and why what we do is so important.

Video:  [Upstream Public Health](#)

#### **Prevention across all areas**

Sylvestri Media provided a brief update on current media. Coalition members are free to view and use the materials from our Google Drive, just click here: [CROOK](#)

Wyoming Department of Health has contracted with CADCA to host a virtual National Coalition Mini Academy this summer. Katie shared what is involved, we have five people that will do it.

#### **Capacity Enhancement**

Our first focus group planned for Moorcroft was postponed until April due to some final logistics that weren't quite ready. Our website has been updated with the information and online parent permission form (<https://www.crookcountyprevention.com/crook-county-focus-groups/>) and Hulett is working to recruit students for their focus group on the 17th. Katie will be out of town so Wendy and Trish will manage the event.

Katie and Carol met with the County Commissioners to present the possibility and gain support for application to the Drug Free Communities grant. They were very favorable and we will return to their March meeting with a Memorandum of Understanding (MOU) to be approved and signed. This is a grant requirement.

#### **Adult Overconsumption**

Sundance Winter Festival is Saturday, February 18th (<https://www.sundancewinterfestival.com/>). Thank you to Wendy for heading up our volunteers for the event. Anyone who hadn't replied their interest but would still like to help, please just show up on Saturday and find Wendy at the Sundance City Hall and she will put you to work!

## **Opioids and Other Drugs**

Katie and Carol attended the County Commissioners meeting to participate in the discussion on the Opioid Settlement Funds. Katie presented a planned request for continued funding of the LifeSkills program material. There was a favorable response from everyone in the room. Once the committee is in place we will work on a formal application for funds.

## **Tobacco**

The 2022 National Youth Tobacco Survey has been released. Copies were distributed and it is available electronically here:

<https://www.fda.gov/tobacco-products/youth-and-tobacco/results-annual-national-youth-tobacco-survey#2022%20Findings>

## **Suicide Prevention and Mental Health Promotion**

Please mark your calendars for May 12, we will have safeTALK training at 9:30am. (Location TBD) Info on this training: <https://www.livingworks.net/safetalk>

The 307 Teen Challenge event will take place on May 9th in Newcastle. Katie will again work with the kids on mental health and suicide. Wendy and Phil will be volunteering, if anyone else is interested please let Katie know.

Meeting ended at 1:00PM.

**NEXT MEETING:** March 10th at Noon (11:30 lunch)